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Science & Medical Symposium

Conference Program

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Important SAM Information

Intended Audience

Florida Podiatric Medical Association (FPMA) annually convenes the Science and Medical Symposium (SAM), a podiatric medical and surgical conference. The intended audience of the Florida Podiatric Medical Association (FPMA) Science and Medical Symposium (SAM) 2026 is Doctors of Podiatric Medicine and Podiatric Residents.

Mission Statement

The Florida Podiatric Medical Association's educational mission is to promote continuing education in podiatric medicine, podiatric surgery and practice management through workshops and seminars. Our commitment is to increase knowledge by offering every registrant the educational assistance needed to improve care for their patients and be successful in practice by promoting the benefits of scientific advancement in the treatment, prevention, and alleviation of podiatric ailments.

Disclaimer

Products displayed in the SAM 2026 Exhibit Hall have not been investigated or approved by FPMA with regard to efficiency or regulatory compliance. Each physician should practice their own due diligence regarding claims made about products displayed.

Acceptance of sponsorship at the Science and Medical Symposium does not imply endorsement or approval of the company, product, or service.

Cancellation Policy

Cancellation requests were required to be submitted via email (lforeman@cmc-associates.com) and received by Wednesday, January 14, 2026, as indicated on the conference registration forms. No refunds will be available for no-shows or cancellations received after January 14, 2026.

Force Majeure

FPMA shall not be liable for any failure or delay in performing the 2026 Science and Medical Symposium to the extent caused by an event beyond FPMA's reasonable control that renders performance impossible, inadvisable or commercially impracticable, including, but not limited to, an act of God, war, terrorism, government action, disaster, fire, strike, civil disorder, curtailment of transportation facilities, disease or epidemic, failure of third party software or services, default of third-party vendors, or failure (or an interruption or defect) in communications or utility services.

Lost and Found

Please deliver any found items to the on-site registration desk. Items not collected by the end of SAM will be discarded or donated.

Code of Conduct

All participants in FPMA meetings and events (inclusive of attendees, speakers, volunteers, exhibitors, staff, members of the media, vendors, service providers, and guests) shall abide by the following professional behavior expectations:

- Respect the diversity of all participants regardless of gender, gender identity and expression, age, sexual orientation, disability, physical appearance, race, ethnicity, religion (or lack thereof), or technology choices.
- Treat all participants with kindness and consideration, respecting the views and opinions of others (including those you may not share) and critiquing ideas rather than individuals.
- Refrain from demeaning, discriminatory, bullying, or harassing behavior and speech directed toward other participants. Physical or verbal abuse of any participant shall not be tolerated.
- Comply with all rules and policies of the meeting/event venue.
- Refrain from use of sexual or discriminatory images and/or inferences in presentations, public spaces, or in online media.
- Maintain appropriate decorum by not being disruptive during lectures, poster sessions, in the exhibit hall, receptions, or other events.

Any participant who is requested to stop unacceptable behavior is expected to comply immediately. As necessary, FPMA staff or security may take immediate action deemed appropriate, including removal from the meeting or event without warning or refund. FPMA reserves the right to prohibit attendance at any future meeting or event.

This code of conduct shall apply to all venues, including ancillary events and social gatherings and shall be included in materials provided to all participants.

Violations of this code of conduct by FPMA members may be referred to the member's component for further adjudication under the FPMA Code of Ethics.

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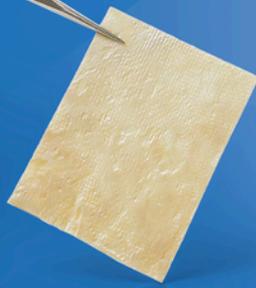


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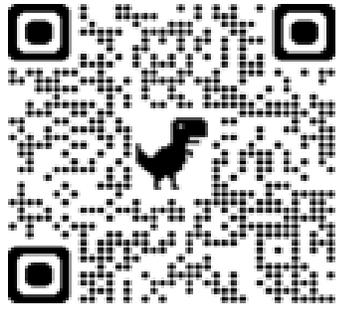
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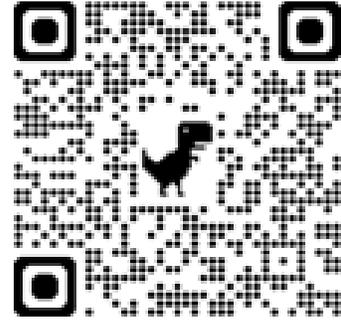
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If you previously downloaded the FPMA App on your phone, it is recommended that you uninstall that version of the app **FIRST** before you install the **NEW** version of the app.

To download the **Android** version of the FPMA SAM 2026 app, scan the QR code below:



To download the **Apple** version of the FPMA SAM 2026 app, scan the QR code below:



SAM 2026 Scanning Schedule

SAM 2026 registered Physicians will need to scan each day they attend the conference in order to receive Continuing Education Contact Hours (CECH).

Attendees will use a QR code to log their information via the FPMA SAM 2026 mobile app.

Scanning will be conducted daily as follows:

Wednesday, January 28, 2026

No lectures taking place. No scanning.

Thursday, January 29, 2026

- Scanning will be available at 11:00 a.m. in the SAM 2026 Exhibit Hall.
- Additional scanning will take place after the final lecture of the day in the assigned room.

Friday, January 30, 2026

- Scanning will be available at 11:00 a.m. in the SAM 2026 Exhibit Hall.
- Additional scanning will take place after the final lecture of the day in the assigned room.

Saturday, January 31, 2026

- Scanning will be available at 11:00 a.m. in the SAM 2026 Exhibit Hall.
- Additional scanning will take place after the final lecture of the day in the assigned room.

Sunday, February 1, 2026

- Scanning will be available via a QR code following the final lecture of the day.

SAM 2026 Scanning Information

General Information

Total CECH will be calculated from each SAM 2026 physician attendee's scanning records. These hours will be submitted to CE Broker by FPMA at the conclusion of the conference, once all hours have been verified, and for FPMA Members, all 2026 membership dues have been paid in full. Florida Podiatric Physicians can view these hours via their CE Broker account at www.cebroker.com. Podiatric Physicians from other states will be sent certificates showing total CECH earned by attending SAM 2026.

SAM 2026 attendees will be awarded up to 21.75 Continuing Education Contact Hours, depending on lectures attended. Continuing Education Contact Hours (CECH) are calculated hour-per-hour based on courses attended (time taken for breaks and meals are NOT counted); e.g., a 30 minute Science lecture will earn 0.5 Science credit hours, a one-hour Science lecture will earn 1.0 Science credit hours, a 1.5 hour Science lecture will earn 1.5 PM credit hours, etc.

All licensees who seek to renew the active status of their licensure must demonstrate that they have completed, during the previous two years (biennium), at least forty (40) hours of continuing education, including the following categories:

- At least one (1) of the forty (40) hours must concern the topic of Risk Management.
- At least one (1) of the forty (40) hours must be on the topic of Laws and Rules.
- At least two (2) of the forty (40) hours must be on the subject of prevention of Medical Errors.
- At least two (2) of the forty (40) hours must be on Prescribing Controlled Substances.
- While not required, licensees may complete up to three (3) hours of continuing education per biennium in the area of Practice Management.
- The remainder of the hours can be made up of Scientific hours.

For more information about continuing education requirements during the current biennium (April 1, 2024 - March 31, 2026), go to the FPMA website "Current Biennium Information" page located at https://www.fpma.com/current_biennium_information.php

Accreditation Information

Podiatric Physician Accreditation Statement: FPMA is approved by the Council on Podiatric Medical Education (CPME) as a provider of continuing education in podiatric medicine. FPMA has approved this activity for a maximum of 21.75 Continuing Education Contact Hours (CECH) during this five-day conference, depending on lectures attended. This conference will take place January 28, 2026 - February 1, 2026 at Disney's Coronado Springs Resort in Lake Buena Vista, Florida.

In accordance with the Council on Podiatric Medical Education, FPMA is required to monitor educational session attendance for verification of CECH. Registered SAM 2026 Physician attendees were provided with instructions on how to upload the FPMA SAM 2026 Mobile App for scanning purposes prior to the conference taking place.

CECH functions are for registered attendees only. CECH credits are based on attendance of educational sessions; sessions specified as "Non-CECH" in the conference program are not included in compiling CECH credits.

FPMA will provide a means for attendees to access a Certificate of Attendance that reflects only the number of CECH documented via their scanning records. CECH will be reported to CE Broker on behalf of SAM 2026 Physician attendees currently licensed in the state of Florida. Each attendee is responsible for reporting attendance to all appropriate boards and agencies requiring continuing education by providing a copy of their SAM 2026 Certificate of Attendance.

Certificate of Attendance: To ensure FPMA continues to provide a meaningful educational program and exceptional conference experience, FPMA requests all attendees complete an overall conference evaluation prior via the FPMA App prior to accessing their Certificate of Attendance. Attendees will receive an email from FPMA with a link to access their Certificate of Attendance within three (3) weeks of the conclusion of the conference, pending all conference fees being paid and attendance verified by FPMA. The Certificate of Attendance will be provided for printing/downloading in PDF format once the overall conference evaluation is completed.

Continuing Education and Credentialing: The Florida Podiatric Medical Association (FPMA) is approved by the Council on Podiatric Medical Education (CPME) as a provider of continuing education in podiatric medicine. FPMA has approved this activity for a maximum of 21.75 Continuing Education Contact Hours (CECH). As is the case with all specialty societies and colleges, FPMA is not a credentialing organization and does not conduct licensing or certification processes. The principal purpose of FPMA is to facilitate education in the area of podiatric medicine and surgery. This activity is viewed to reinforce and support licensing and certification processes.

Cancellation Policy: Cancellation requests were required to be submitted via email (lforeman@cmc-associates.com) and received by Wednesday, January 14, 2026, as indicated on the conference registration forms. No refunds will be available for no-shows or cancellations received after January 14, 2026.

Accreditation Information (cont.)

Disclosure of Conflict of Interest: Each speaker is required to disclose the existence of any financial and/or other relationships (e.g., employee, consultant, speaker's bureau, grant recipient, research support) they might have with (a) the manufacturer(s) of any commercial product(s) to be discussed during their presentation and/or (b) the commercial contributor(s) of the activity. Any such conflict will be announced by the individual introducing the speaker immediately preceding the lecture.

Cost to the Learner: SAM 2025 attendees paid a range of registration fees based on their current membership status in APMA and/or FPMA as well as the date they registered for the conference (the various registration fees were provided on the SAM 2025 Physician registration form). Non-APMA members paid the full registration fee of \$975 (by November 25, 2024) or \$1,075 (after November 25, 2024).

CE Non-Discrimination Policy: FPMA is committed to nondiscrimination based on race, creed, color, gender, religion, national origin, age, or disability. This commitment applies in all areas to applicants, members, visitors, students, staff, faculty, and others who are affiliated with the Association. This policy addresses recruiting, hiring, training, promotions, education, and applicable employment conditions. This policy is also concerned with the choice of contractors, speakers, suppliers of goods and services, Association-sponsored programs and activities. In addition, FPMA includes a Comments/Special Needs field on all conference registration forms. These are reviewed regularly to identify attendee accessibility requirements. FPMA personnel then work with the (ADA compliant) host hotel and attendee directly to assist with providing any assistance to participate in the conference educational activities.

FPMA Policy on Privacy and Confidentiality: FPMA does not use any presentation styles containing live or video depictions of patients whose identities would need to be protected. The FPMA Convention Committee reviews conference PowerPoint presentations prior to conferences and one of the items that is verified is that there are no patient identifiers on any PowerPoint presentation slides. The policy for privacy of patient information is communicated by the moderator during each conference speaker introduction.

Photography/Videos: Please be advised that photographs and videos taken during SAM 2026 will be used on FPMA social media pages and in marketing materials and publications accessible by the public. By attending SAM 2026, you consent to the use of your image and likeness for the purposes mentioned above.

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President-Elect	Dr. Adriana P. Strimbu
Vice President	Dr. Liana G. Seldin
Treasurer	Dr. Diana E. Rogers
Secretary	Dr. Timothy J. Miller

FPMA Convention Committee

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Scientific Affairs	Dr. Andrew M. Belis
Exhibitors	Dr. Timothy J. Miller
Assistants Programs	Dr. Alissa B. Zdancewicz
Ancillary Programs	Dr. John Goggin Dr. Scott Giaimo
Research/Poster/Quiz Bowl	Dr. Larissa M. Schmidt
Conference Registration	Dr. Andre M. Williams

FPMA Staff

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Public Affairs/Website Coordinator	Becky Reese
Membership Manager	Gin Grand
Consultants	Liz Foreman and Shanna Miller CMC & Associates Ann Dosen PodiatryMeetings.com

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Rachel Martinez
Joseph Schiera
David Schweibish, DPM
Alissa Zdancewicz, DPM

Conference Objectives

At the conclusion of this conference, attendees will be able to...

Florida Laws and Rules

- Understand applicable Laws and Rules for licensed Podiatric Physicians.
- Have knowledge of the disciplinary process.
- Learn about rights afforded to physicians in licensure disciplinary cases.
- Have the ability to locate applicable statutes and rules through online resources.

Sports Medicine Pearls of the Foot and Ankle

- Develop key insights to make an early and accurate diagnosis in the athlete.
- Provide a safe and expedited treatment plan for return to sport.
- Understand current concepts and emerging technologies in sports medicine.
- Implement new technologies into daily sports practice.

Pickleball 360: Equipment, Footwear, & Injury Insights

- Understand why Pickleball has ease of entry to sport.
- Identify injury patterns for age groups.
- Understand basic rules of Pickleball.

How Lower Extremity Fusions Affect Gait and Golf Mechanics

- Have a better understanding of the axes and ROM of common joints fused in the foot to better decide on recommended treatment options of a golfer.
- Understand how the right and left foot differ in common fusions in a golfer to have advanced knowledge in the biomechanics of golf.
- Appreciate how fusion of the joints of the feet may greatly impact the golf swing and how best to advise patients on compensation tactics.

Equinus and Achilles Rupture

- Analyze the biomechanical causality between Equinus and Achilles Ruptures.

Equinus and Achilles Rupture

- Identify diagnostic maneuvers and clinical evaluation steps for detecting equinus and the implications on tendon pathology.
- Learn screening measures and preventative measures in the presentation of equinus in the athlete.
- Evaluate Current Evidence on Operative vs. Non-Operative Management of Acute Ruptures.

Lymphedema vs. Edema

- Understand the physiological function of capillaries.
- Learn the lymph system and components.
- Appreciate the difference in edema due to the lymph system and the venous system.
- Understand the relationship of the lymph system and the venous systems.

LTA and Coding

- Differentiate between venous leg disease and lymphedema.
- List three essential elements of compression used to address lymphedema.
- Create a progress note that supports the medical necessity of compression to address lymphedema.
- List three potential complications of lymphedema.

Treatment of Acute Bacterial Skin and Skin Structure Infections in Adults

- Correlate the increase of acute bacterial skin and skin structure infection (ABSSSI) with increased morbidity, mortality, length of hospital stay, and overall costs.
- Explain the mechanisms of action of tetracycline-class antibacterials.
- Describe their spectrum of activity against common pathogens associated with ABSSSI.
- Examine current trends in antibiotic resistance relevant to ABSSSI, including the prevalence of resistant strains and how tetracyclines compare to other antibiotic classes.

Continued on Next Page

Conference Objectives (cont.)

At the conclusion of this conference, attendees will be able to...

Podiatric Dermatology Protocols for Better Patient Outcomes; Diagnostic Tools and Treatment Options

- Highlight the benefits of implementing podiatric dermatology protocols.
- Review the value of office-dispensed products.
- Understand implementation of protocols in order to improve patient compliance,
- Maintain practice efficiency by optimizing practice protocols.

BEFORE the First Cut - Soft Tissue and Nail Unit Biopsy Principles You Must Know

- Delineate the importance of knowing biology before excision.
- Describe the “unplanned malignant resection.”
- Understand the implications of unplanned malignant resection.
- List best practices for biopsy of skin lesions and soft tissue masses.

Risk Management Lecture: Complications of Advanced Surgical Procedures

- Discuss complications of advanced surgical procedures, informed consent.
- Discuss communication key points for advanced surgical procedures. Provide alternatives.
- Ethical obligations of advanced surgical procedures.
- Keys to documenting complications properly.

Connective Tissue Diseases in Pediatrics

- Learn how connective tissue diseases affect feet.
- Learn the types of CTD.
- Learn to help diagnose CTD.
- Learn how CTD affects the entire body.

Pediatric Flatfoot and Coalitions - When to Intervene?

- Learn how to identify coalitions.
- Learn what imaging strategies to order to evaluate coalitions.
- Determine when to perform realignment, arthrodesis, and/or resection procedures.
- Discuss research in pediatric orthopedics as it pertains to coalitions.

Pediatric Digital Deformity

- Learn about congenital digital deformities.
- Learn about treatment modalities for digital deformities.
- Learn about surgical approaches to correction of digital deformities.
- Identify congenital deformities of digits and know when to intervene.

Efficacy of Topical Antifungal Nail Solution v. Topical Placebo Solution for the Treatment of Pedal Onychomycosis: A Randomized Controlled Trial

- Understand the bias limitations afforded by random treatment allocation.
- Appreciate the value of a visible nail involvement score.
- Appreciate the efficacy of topical antifungal nail solution as compared to placebo solution.
- Appreciate the difference between mycological and clinical cure in the treatment of tinea unguim.

Continued on Next Page

Conference Objectives (cont.)

At the conclusion of this conference, attendees will be able to...

MIS Innovation in Bunion Care: Where are We Now? What Does the Research Say?

Why are We Better Than Before?

- Evaluate current minimally invasive bunion correction techniques by reviewing contemporary clinical outcomes, complication profiles, and evidence-based indications.
- Differentiate modern MIS bunion procedures from earlier techniques by identifying advancements in instrumentation, fixation strategies, and patient selection that have improved safety and reproducibility.

Bunionette Correction: MIS vs. Open vs. Head Removal; To Fix or Not to Fix

- Understand bunionette deformity and classifications.
- Indications for surgical vs. conservative options.
- Indications for Metatarsal head removal vs. osteotomy.
- 5th Metatarsal Osteotomy: Is fixation needed?

Dowel Grafting for Midfoot Fusions

- Understanding of conditions leading to midfoot arthritis.
- Provide an understanding of the surgical technique for midfoot dowel fusions.
- Understanding of the post-operative protocol for midfoot dowel fusions.
- Understanding of equipment and parameters required to perform dowel midfoot fusions.

Melanoma Management in the Foot and Ankle

- Learn about risk factors for melanoma.
- Learn what depth requires node biopsy.
- Learn about appropriate biopsy techniques for melanoma.
- Learn about the stages of melanoma.

FFAFS Fellowship Track: Research and Novel Cases

- Explore novel techniques for foot and ankle pathology.
- Identify proper anatomy and surgical technique.
- Identify complications and how to avoid them.
- Identify unique patient cases and unique treatment protocols.

Lisfranc Injuries

- Identify clinical exam and radiographic findings for Lisfranc injury diagnosis.
- Classify different Lisfranc injuries.
- Identify appropriate treatment algorithm based on injury.
- Provide appropriate return to activity estimates to patients.

Ankle Fractures: What to Do with the Deltoid

- Audience should be able to identify predisposing factors/fracture patterns prone to Deltoid injury.
- Increase recognitions of appropriate testing for diagnosis of Deltoid ligament injury.
- Identification of treatment parameters for Deltoid ligament repair.
- Increased understanding of surgical repair options and post-operative care parameters.

Blood Supply to Bone/Bone Lengthening

- List four blood supplies to the bone.
- List three phases of bone lengthening.
- List reasons for poor bone regeneration.
- List reasons for a stable external fixation construct.

Osteomyelitis with Early Treatment Through PCR and Injectable Calcium Sulfate

- What is the most effective modality for diagnosing Osteomyelitis?
- Why is six weeks of IV antibiotic the standard of care for treating osteomyelitis?
- Is amputation the most effective treatment?
- What are the advantages of PCR?

Continued on Next Page

Conference Objectives (cont.)

At the conclusion of this conference, attendees will be able to...

Non-unions: Diagnostics and Treatment Options to Improve Patient Outcomes

- Describe the biologic phases of fracture healing and identify key patient- and fracture-related risk factors associated with delayed union and non-union.
- Explain the clinical indications and appropriate patient selection criteria for non-invasive bone stimulation therapies.
- Compare and contrast the mechanisms of action of available bone-healing stimulation technologies.
- Integrate evidence-based bone-healing strategies, such as metabolic optimization, risk-factor modification, and stimulation technologies—into individualized patient-care plans.

Non-union After a 1st MPJ Arthrodesis: Now What and How Can I Reduce the Odds of This Happening Again?

- **Understand the Risk Factors** - Identify patient, surgical, and biomechanical factors that contribute to the risk of non-union after a 1st MPJ arthrodesis.
- **Diagnostic Strategies** - Develop a systematic approach to diagnose non-union, including clinical signs, imaging modalities, and adjunct tools.
- **Treatment Modalities for Non-Union** - Evaluate the available treatment options for managing non-union, including revision surgery, bone grafting, and fixation techniques.
- **Critical Case Review** - Analyze case studies of non-unions to identify lessons learned and apply them to clinical practice.

Transforming Patient Care and Preventing Medical Errors with Artificial Intelligence

- Ethical use of AI for treatment, care, and diagnosis purposes.
- Role of AI in the standard of care.
- Legal and ethical use of AI for treatment, billing, credentialing and administrative purposes.

Transforming Patient Care and Preventing Medical Errors with Artificial Intelligence (cont.)

- Prevention of medical errors when using AI.

Florida Podiatric Residency Track

- Podiatric Residents will present a variety of case presentations on podiatric subjects.

Digital Tenotomy/Osteotomy

- Identify appropriate indications for percutaneous digital tenotomy and osteotomy in diabetic patients with flexible and semi-rigid digital deformities.
- Apply minimally invasive digital correction techniques to reduce distal pressure points and lower the risk of recurrent ulceration in high-risk diabetic feet.

MIS Metatarsal Osteotomies

- Explain the biomechanical rationale for minimally invasive metatarsal osteotomies in offloading plantar forefoot pressures in diabetic patients.
- Assess patient selection, osteotomy planning, and common complications associated with MIS metatarsal procedures in the prevention and treatment of neuropathic ulceration.

Equinus and Wound Care/Limb Salvage

- Describe the important anatomic features of the Achilles tendon.
- Describe how to adequately diagnose equinus.
- Learn how equinus affects the diabetic patient.
- Be able to discuss conservative treatments for equinus deformity.
- Be able to discuss surgical treatments for equinus deformity, especially as it relates to wound care and limb salvage.

Tendon Transfer in DM Complications

- Understand the underlying histological and pathological differences between diabetic and non-diabetic tendons.
- Understand the most common foot and ankle tendon procedures utilized for treating diabetic foot complications.

Continued on Next Page

Conference Objectives (cont.)

At the conclusion of this conference, attendees will be able to...

5th Metatarsal Base Ulceration in a Cavus Diabetic Foot: Reconstructive Options

- Analyze the pathomechanics contributing to fifth metatarsal base ulceration in cavus diabetic foot deformities.
- Compare reconstructive surgical options—including osseous and soft tissue procedures—to achieve durable offloading and ulcer resolution.

Charcot Reconstruction Algorithm

- Discuss possible algorithm for midfoot charcot.

Random Skin Flaps for DM Foot Wounds

- Review the concepts of Orthoplastic Surgery.
- Review the concept of random skin flaps.
- Review case studies of random flaps.

Xenografts vs. Skin Grafting

- Describe different types of grafts.
- Describe the pros and cons of xenografts.
- Describe the pros and cons of split thickness skin grafting.
- Gain an understanding of surgical technique and post-operative care for split thickness skin grafting.
- Describe the pros and cons of full thickness skin grafting.
- Gain an understanding of the surgical technique and post-operative care for full thickness skin grafting.

Fasciocutaneous vs. Muscle Flaps

- Understand the basic concepts of Orthoplastic Surgery.
- Understand the basic concepts of muscle flaps.
- Understand the basic concepts of Fasciocutaneous flaps.

Tibial Transport for Limb Salvage

- Describe the principles of tibial transverse transport and its role in promoting neovascularization for chronic limb-threatening ischemia.
- Integrate tibial transport techniques into comprehensive limb salvage strategies for patients with non-healing wounds and critical limb ischemia.

Signaling Regeneration with Umbilical Cord Tissue

- Explain biologic composition and mechanism of action of UET allografts.
- ID appropriate foot and ankle pathologies and surgical scenarios for UCT allografts.
- Differentiate clinical application strategies.
- Integrate UCT allografts into a comprehensive regenerative treatment algorithm.

Using Shockwave Therapy to Help Build Your Practice

- Review the science of shockwave.
- Review effects of shockwave.
- Discuss the benefits of shockwave.
- Discuss the differences between radial and focused shockwaves.

Integrating Oral Peptides Into Podiatric Care

- Understand what peptides are and how they work.
- Identify common clinical applications for peptides.
- Learn how peptides fit into a comprehensive treatment plan as a standalone option or adjunct alongside procedures, rehabilitation, or other regenerative therapies.
- Set appropriate expectations and communicate effectively with patients.

Continued on Next Page

Conference Objectives (cont.)

At the conclusion of this conference, attendees will be able to...

Residency Director Roundtable

- Identifying varying complex limb threatening conditions.
- Understanding the benefits of limb salvage.
- Provide an understanding of treatment methods for limb salvage.
- Treatment algorithm approach for treatment of open fractures.

Fellowship Directors Roundtable

- Promote shared understanding of best practices in evaluation of complex cases.
- Enhance director's ability to teach, assess, and mentor fellows.
- Encourage collaboration and shared experiences between colleagues.
- Apply evidence-based knowledge to treatment plans of complicated cases.

Embracing Mindfulness: Achieving a Work-Life Balance

- Identify common professional and personal contributors to clinician burnout and describe how these stressors compound over time.
- Recognize key warning signs of burnout and differentiate early indicators from normal fatigue.
- Define mindfulness in a clinical and personal context and explain how mindfulness supports better decision-making and empathy.
- Apply practical mindfulness tools to improve stress regulation and resilience.

Opioids and Controlled Substances

- Describe the basic pharmacology of the opioid class.
- Discuss the basic epidemiology underpinning the opioid crisis in the U.S.
- Identify the current standards for prescribing opioids and other controlled substances.
- Compare and contrast analgesic treatment options.

Anatomy Review (X-Ray Assistant Program)

- Identify the bones in the human foot.
- Name three tendons that insert on the foot.
- Identify the anatomical planes of the body.
- Using anatomical terms, describe the location of a lesion on the human body.

Podiatric X-Ray Assistant Program

- Demonstrate knowledge of radiation safety protocols and proper x-ray positioning techniques.

Office Emergencies (X-Ray Assistant Program)

- Be made aware of possible occurring emergencies.
- Learn "chain of command" in the office.
- Learn basic skills to protect patients.
- Learn the importance of documentation.

OSHA Review (X-Ray Assistant Program)

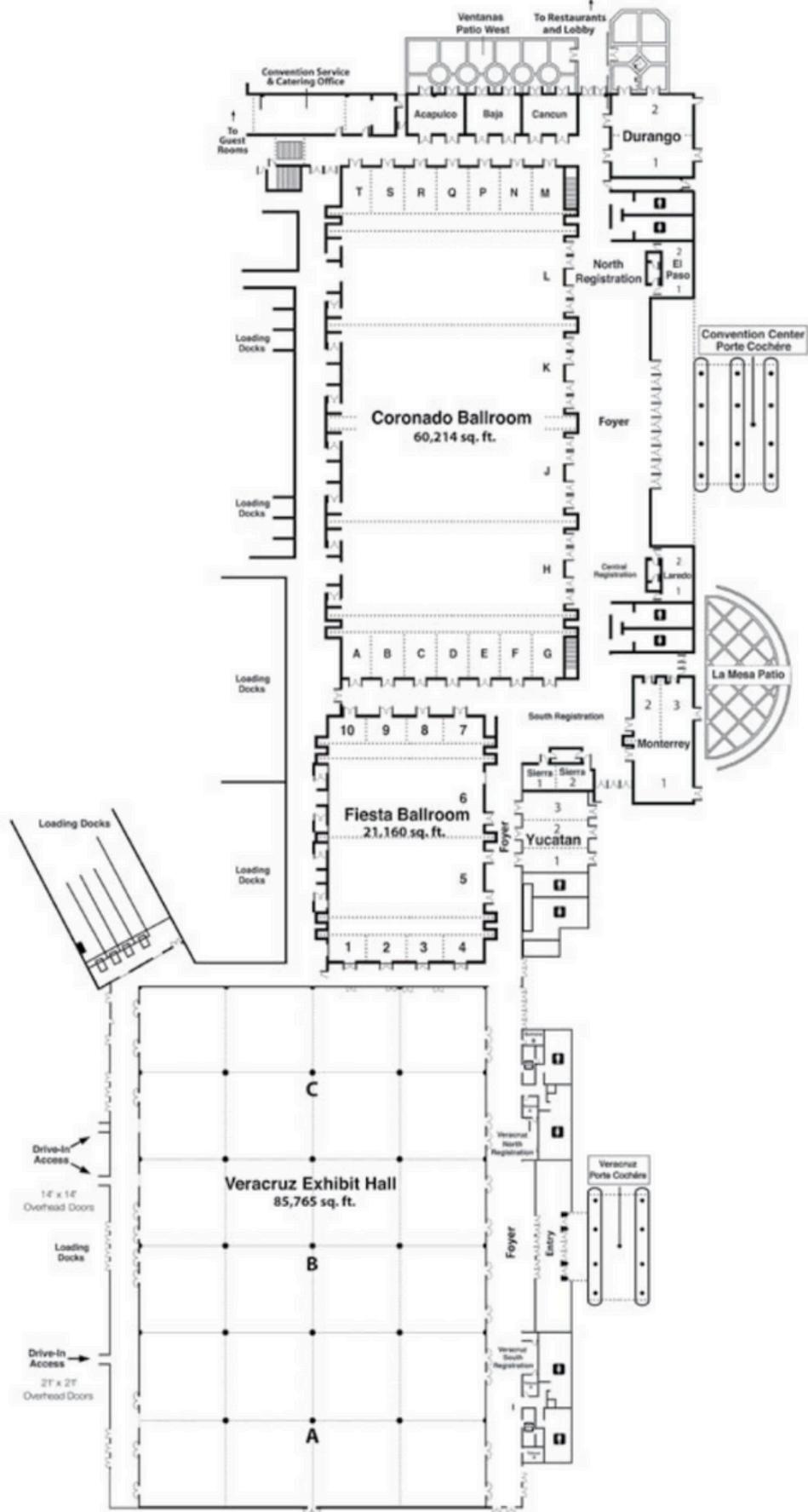
- Learn to inform yourself about risks in the office.
- Learn when to notify OSHA with issues.
- Learn about necessary protective equipment.
- Learn about necessary communication.

Disney's Coronado Springs Resort Map



**1000 W. Buena Vista Drive
Lake Buena Vista, Florida 32830**

Disney's Coronado Springs Convention Center



1000 W. Buena Vista Drive, Lake Buena Vista, FL 32830

Event Overview

Wednesday, January 28, 2026

No activities planned.

Travel Day – SAM 2026 lectures begin Thursday morning, January 29.

On-Site Physician Registration Open from 2:00 p.m. – 5:00 p.m.

PLEASE NOTE:

On-Site registration will **NOT** be available for the Podiatric X-Ray Assistant or Podiatric Medical Assistant/Office Staff programs taking place at SAM 2026.

Important Notice for On-Site Registrants:

Please note that some amenities and programs may have limited availability for on-site registrants. This includes, but is not limited to lunches, specialty workshops, and other pre-registered attendee perks. We will do our best to accommodate all attendees, but availability is not guaranteed for those who register on-site at the conference.

YOU'RE INVITED

Thursday | 12:45-1:15pm · Industry Theater Area #1

Experience the Regenerative Lounge & Latte Bar

Swing by, meet the AIMx team, and charge up your body for the week.

Regenerative Therapies featuring:

- Red Light Therapy 10-Minute Sessions from Red-Vive
- SYNAPPEP Oral BPC-157 Peptide doses for the week
- Gourmet Barista Coffee bar with espressos, lattes, cappuccinos, and more

Thursday | 6:45-8:30pm · Durango 1-2

Happy Hour Reception Co-Hosted with FPMA

Good food, open bar, and fun times with the AIMx Podiatry team and FPMA.

Saturday | 8-11am · Lecture Track 2

Regenerative Medicine Track

Drs. Jodi Shoenhaus, Thuy Ho-Ellsworth, Brian Fullem, Joanne Balkaran, Rahul Desai

Booth #325

737.377.3655



Jamie Hovey | Justin Hovey | John Zagurasky



For Information About SAM 2026,
Visit the SAM website at

<https://www.fpmasamconference.com>



Event Overview

Thursday, January 29, 2026

GRAND OPENING OF SAM 2026 EXHIBIT HALL

11:00 AM - 2:00 PM

Veracruz BC

NON-CECH INDUSTRY THEATER - SAM 2026 EXHIBIT HALL

Veracruz BC

12:45 PM - 1:15 PM

Theater #1

AIMx Podiatry

Title: Regenerative Lounge: Charge Up for the Week

Speakers: John Zagurasky and Dr. Thuy Ho-Ellsworth

Description: Not a lecture. No pressure. Stop by and charge up your body for the week with regenerative therapies for podiatrists.

- Relax under the RedVive Red Light to boost collagen and cellular function, reduce pain and swelling, and recharge your energy and mood.
- Recover with samples of Synapep, the oral BPC-157 Peptide to reduce inflammation, speed recovery, and support healing.
- Ask your questions and get answers about regenerative tools such as Liposana and DPMx.

SAM 2026 OPENING RECEPTION

5:15 PM - 6:45 PM

Yucatan 1 & 2

Sponsored by Sagis Diagnostics

RSVP REQUIRED



SAM 2026 RECEPTION

6:45 PM - 8:30 PM

Durango 1 & 2

Sponsored by AIMx Podiatry

RSVP REQUIRED



Physician Schedule

Thursday, January 29, 2026



Scientific



Laws and Rules



Risk Management



Medical Errors



Controlled Substances

7:00 AM - 5:00 PM
10:00 AM - 4:00 PM

SAM Registration Desk Open
Exhibit Hall Open

TRACK I FIESTA 5

8:00 AM - 10:00 AM	NON-CECH	FPMA General Membership Meeting
10:00 AM - 11:00 AM	(1.0)	Florida Laws and Rules <i>Jason Winn, Esq.</i>
11:00 AM - 2:00 PM	NON-CECH	SAM 2026 Exhibit Hall Open for Lunch and Industry Theater
2:00 PM - 2:30 PM	(0.5)	<u>Sports Medicine Lecture Track</u> Sports Medicine Pearls of the Foot and Ankle <i>Matt Werd, DPM</i>
2:30 PM - 3:00 PM	(0.5)	Pickleball 360: Equipment, Footwear, & Injury Insights <i>Clint Laird, DPM</i>
3:00 PM - 3:30 PM	(0.5)	How Lower Extremity Fusions Affect Gait and Golf Mechanics <i>Marlene Reid, DPM</i>
3:30 PM - 4:00 PM	(0.5)	Equinus and Achilles Rupture <i>Daniel Stewart, DPM</i>
4:00 PM - 4:30 PM	(0.5)	Lymphedema vs. Edema <i>Marlene Reid, DPM</i> FPMA has designated an Unrestricted Educational Grant from Amerx Health Care to support this program
4:30 PM - 5:15 PM	(0.75)	LTA and Coding <i>Jeffrey Lehrman, DPM</i> FPMA has designated an Unrestricted Educational Grant from Amerx Health Care to support this program

Physician Schedule

Thursday, January 29, 2026 (cont.)



Scientific



Laws and Rules



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Controlled Substances

TRACK II FIESTA 6

2:00 PM - 2:45 PM	(0.75)	Treatment of Acute Bacterial Skin and Skin Structure Infections in Adults <i>Loan Lam, DPM</i> FPMA has designated an Unrestricted Educational Grant from Paratek Pharma to support this program
2:45 PM - 3:15 PM	(0.5)	Podiatric Dermatology Protocols for Better Patient Outcomes; Diagnostic Tools and Treatment Options <i>David Schweibish, DPM</i> FPMA has designated an Unrestricted Educational Grant from BakoDx to support this program
3:15 PM - 4:15 PM	(1.0)	BEFORE the First Cut - Soft Tissue and Nail Unit Biopsy Principles You Must Know <i>Bryan Markinson, DPM</i>
4:15 PM - 5:15 PM	(1.0)	<u>APMA Regional Lecture</u> Comprehensive Update: Current Treatment Protocols for Diabetic Peripheral Neuropathy <i>Mark Mendeszoon, DPM</i> FPMA has designated an Unrestricted Educational Grant from APMA to support this program

Event Overview

Friday, January 30, 2026

WOMEN IN PODIATRY BREAKFAST

7:00 AM - 8:00 AM

Fiesta 8 - 10

Sponsored by Nona Scientific Laboratory

RSVP REQUIRED



NON-CECH BREAKFAST & LEARN

7:00 AM - 8:00 AM

Fiesta 3 & 4

Sponsored by Fisher\SMB



NON-CECH INDUSTRY THEATERS - SAM 2026 EXHIBIT HALL

Veracruz BC

11:15 AM - 11:45 AM

Theater #2

Arthrex

Title: Minimal Invasive Achilles Tendon Insertion Repair and Early Ambulation

Speaker: Andrew Belis, DPM

12:00 PM - 12:30 PM

Theater #1

EBM Medical

Title: Balancing Patient Access and Affordability with Sustainable Practice Growth

Speaker: Marc Traverso

Description:

- Enhance patient access through simplified and affordable solutions.
- Empower practices with scalable revenue opportunities.
- Align patient care goals with financial performance.

12:45 PM - 1:15 PM

Theater #1

Sagis Diagnostics

Title: Two Nail Biopsy Techniques You Must Know

Speaker: Bryan Markinson, DPM

Continued on next page

Event Overview

Friday, January 30, 2026 (cont.)

NON-CECH INDUSTRY THEATERS - SAM 2026 EXHIBIT HALL (cont.)

Veracruz BC

12:45 PM - 1:15 PM

Theater #2

NeXtGen Biologics

Title: Regeneration, Reimagined: The Axolotl Breakthrough Transforming Patient Care

Speakers: Eric Lullove, DPM and Diana Rogers, DPM

Description: Join NeXtGen Biologics for an exciting Industry Theater session featuring the first and only FDA-cleared axolotl-derived technology that's changing the game of regenerative medicine.

Hear from Drs. Eric Lullove and Diana Rogers, two innovative leaders in podiatric medicine, as they share real-world clinical experiences and compelling case insights demonstrating how NeoMatriX® is expanding what's possible in transforming patient lives. This high-energy session offers practical takeaways and a firsthand look at technology that's redefining patient care.

1:30 PM - 2:00 PM

Theater #1

Blue Orchid Marketing

Title: FAMILY FEUD (Family Feud, only more podiatry and less Steve Harvey)

Speaker: Shaun Zaken

Description: You know the game. Two teams. Fast rounds. Podiatry-specific questions pulled from real patient behavior and the everyday frustrations everyone in this room recognizes instantly.

No slides.

No lecture.

No sales pitch.

Just audience participation, bad guesses, inside jokes, and answers that hit a little too close to home.

Play or watch. Both work. Prizes favor the bold.

Survey says...you'll laugh, cringe, and leave knowing you're not the only one dealing with this stuff.

Continued on next page

Event Overview

Friday, January 30, 2026 (cont.)

NON-CECH INDUSTRY THEATERS - SAM 2026 EXHIBIT HALL (cont.)

Veracruz BC

1:30 PM - 2:00 PM

Theater #2

Paratek Pharmaceuticals

Title: A Broad-Spectrum Antibiotic for the Treatment of Appropriate Adults With ABSSSI in the Community

Speaker: Loan Lam, DPM

BARRY UNIVERSITY ALUMNI RECEPTION

5:15 PM - 6:45 PM

Fiesta 7 - 10



MEET MEDICAL MICKEY

6:00 PM - 6:30 PM

RSVP REQUIRED

RECEPTION IN SUPPORT OF CONGRESSMAN DARREN SOTO

6:30 PM - VIP RECEPTION

7:00 PM - 8:00 PM - GENERAL RECEPTION

VIP: \$500 | SUPPORTER: \$250 | ATTENDEE: \$150 | YOUNG PROFESSIONAL: \$100

RSVP REQUIRED



Physician Schedule

Friday, January 30, 2026



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7:00 AM - 5:00 PM
10:00 AM - 4:00 PM

SAM Registration Desk Open
Exhibit Hall Open

TRACK I Fiesta 5

8:00 AM - 9:00 AM	(1.0)	PICA Risk Management Lecture: Complications of Advanced Surgical Procedures <i>Amber Shane, DPM, Tim Miller, DPM, and Wil Vancol, Esq.</i>
9:00 AM - 9:30 AM	(0.5)	<u>Pediatric Lecture Track</u> Connective Tissue Diseases in Pediatrics <i>Louis J. DeCaro, DPM</i>
9:30 AM - 10:00 AM	(0.5)	Pediatric Flatfoot and Coalitions - When to Intervene? <i>Mitzi Williams, DPM</i>
10:00 AM - 10:15 AM	(0.25)	Pediatric Digital Deformity <i>Mitzi Williams, DPM</i>
10:15 AM - 11:00 AM	(0.75)	Efficacy of Topical Antifungal Nail Solution v. Topical Placebo Solution for the Treatment of Pedal Onychomycosis: A Randomized Controlled Trial <i>Scot Malay, DPM</i> FPMA has designated an Unrestricted Educational Grant from Marlinz Pharma to support this program
11:00 AM - 2:00 PM	NON-CECH	SAM 2026 Exhibit Hall Open for Lunch and Industry Theaters
2:00 PM - 2:30 PM	(0.5)	<u>Elective Surgery Lecture Track</u> MIS Innovation in Bunion Care: Where are We Now? What Does the Research Say? Why are We Better Than Before? <i>Raquel Sugino, DPM</i>
2:30 PM - 3:00 PM	(0.5)	Bunionette Correction: MIS vs. Open vs. Head Removal; To Fix or Not to Fix <i>Andrew Belis, DPM</i>
3:00 PM - 3:30 PM	(0.5)	Dowel Grafting for Midfoot Fusions <i>Julio Ortiz, DPM</i>

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Physician Schedule

Friday, January 30, 2026 (cont.)

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TRACK I (cont.) Fiesta 5

3:30 PM - 4:00 PM	S (0.5)	<u>Elective Surgery Lecture Track (cont.)</u> Melanoma Management in the Foot and Ankle <i>Mitzi Williams, DPM</i>
		<u>FFAFS Fellowship Track</u> Research and Novel Cases <i>Moderated by Nishu Vora, DPM and Zohaib Moon, DPM</i>
4:00 PM - 4:15 PM	S (0.25)	Arthroscopic Ankle Ligament Reconstruction <i>Benjamin McManus, DPM</i>
4:15 PM - 4:30 PM	S (0.25)	Bone Stimulator Use in Chronic Plantar Fasciitis <i>Andrew Ferguson, DPM</i>
4:30 PM - 4:45 PM	S (0.25)	Joint Preserving Techniques for Varus Ankle Arthritis <i>Fahad Rahman, DPM</i>
4:45 PM - 5:00 PM	S (0.25)	Deep Peroneal Neurectomy for Midfoot Arthritis <i>Ridvan Husic, DPM</i>
5:00 PM - 5:15 PM	S (0.25)	FHL Injury in MIS: A Case Presentation/Modified Posteromedial Ankle Approach for Posterior Malleolus Fracture <i>Pranav Phadtare, DPM</i>
5:15 PM - 5:30 PM	S (0.25)	Charcot Reconstruction <i>Dylan Patel, DPM</i>

Physician Schedule

Friday, January 30, 2026 (cont.)

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TRACK II Fiesta 6

8:00 AM - 8:30 AM	S (0.5)	<u>Trauma/Reconstructive Surgery Track</u> Lisfranc Injuries <i>Nishu Vora, DPM</i>
8:30 AM - 9:00 AM	S (0.5)	Ankle Fractures: What to Do with the Deltoid <i>Julio Ortiz, DPM</i>
9:00 AM - 9:30 AM	S (0.5)	<u>Bad to the Bone: Bone Healing and Biologics Track</u> Blood Supply to Bone/Bone Lengthening <i>Bradley Lamm, DPM, FACFAS</i>
9:30 AM - 10:00 AM	S (0.5)	Osteomyelitis with Early Treatment Through PCR and Injectable Calcium Sulfate <i>Alan Block, DPM</i>
10:00 AM - 10:30 AM	S (0.5)	Non-unions: Diagnostics and Treatment Options to Improve Patient Outcomes <i>Andrew Belis, DPM</i> FPMA has designated a Restricted Educational Grant from Bioventus to support this program
10:30 AM - 11:00 AM	S (0.5)	Non-union After a 1st MPJ Arthrodesis: Now What and How Can I Reduce the Odds of This Happening Again? <i>Patrick DeHeer, DPM</i>
11:00 AM - 2:00 PM	NON-CECH	SAM 2026 Exhibit Hall Open for Lunch and Industry Theaters
2:00 PM - 2:30 PM	NON-CECH	<u>Practice Management Lecture Track</u> Protocol Building Workshop <i>Nicole Freels, FACPM, CPRM, C.PED and Jamie Carter, DPM, ABPM-D, C.PED</i>
2:30 PM - 3:00 PM	NON-CECH	Dashboard Creation Workshop <i>Cody Meier, MHA</i>

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Physician Schedule

Friday, January 30, 2026 (cont.)



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TRACK II (cont.)

Fiesta 6

Practice Management Lecture Track (cont.)

3:00 PM - 3:30 PM	NON-CECH	Departmental Report Outs <i>Nicole Freels, FACPM, CPRM, C.PED and Cody Meier, MHA</i>
3:30 PM - 4:00 PM	NON-CECH	Cash vs. Profit: Financial Fundamentals <i>Cody Meier, MHA</i>
4:00 PM - 4:30 PM	NON-CECH	Pivot to Win It (Financial Forecasting) <i>Cody Meier, MHA</i>
4:30 PM - 5:00 PM	NON-CECH	Doctor Leadership Structure: Separation from HR <i>Nicole Freels, FACPM, CPRM, C.PED and Jamie Carter, DPM, ABPM-D, C.PED</i>
5:00 PM - 5:30 PM	NON-CECH	Marketing Updates: What's Working Now? <i>Nicole Freels, FACPM, CPRM, C.PED and Cody Meier, MHA</i>

Event Overview

Saturday, January 31, 2026

STUDENT QUIZ BOWL COMPETITION

Veracruz BC (SAM 2026 Exhibit Hall)

12:30 PM - 1:30 PM

Sponsored by PICA



NON-CECH INDUSTRY THEATERS - SAM 2026 EXHIBIT HALL

Veracruz BC

11:00 AM - 11:30 AM

Theater #1

Vertex

Title: An Oral Nonopioid Therapy for Treating Acute Pain

Description: Join Vertex's expert-led discussion on a treatment for acute pain in adults. Explore the product's clinical trial results and learn how to identify patients who may benefit from this treatment.

12:00 PM - 12:30 PM

Theater #1

Airos Medical

Title: IPC for PAD: A Proven Technology, Revitalized

Speaker: John Evans, DPM, DABFAS, FACFAS

Description: Introducing the ARTAIRA: A new, smaller, cost-effective intermittent pneumatic compression (IPC) device designed for patients battling PAD, critical limb ischemia, claudication, and diabetic foot ulcers. Medicare reimbursed and VA available.

FPMA ANNUAL PRESIDENTIAL RECEPTION

Fiesta 6

6:30 PM - 8:30 PM

RSVP REQUIRED



Physician Schedule

Saturday, January 31, 2026



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7:00 AM - 5:00 PM
10:00 AM - 2:00 PM

SAM Registration Desk Open
Exhibit Hall Open

TRACK I Fiesta 5

8:00 AM - 10:00 AM	(2.0)	Transforming Patient Care and Preventing Medical Errors with Artificial Intelligence <i>Michael Lowe, Esq.</i>
10:00 AM - 11:00 AM	(1.0)	Florida Podiatric Residency Track Resident Case Presentations
11:00 AM - 2:00 PM	NON-CECH	SAM 2026 Exhibit Hall Open for Lunch and Industry Theaters
2:00 PM - 2:15 PM	(0.25)	<u>Diabetic Foot and Ankle Deformity Lecture Track</u> Digital Tenotomy/Osteotomy <i>Raquel Sugino, DPM</i>
2:15 PM - 2:30 PM	(0.25)	MIS Metatarsal Osteotomies <i>Raquel Sugino, DPM</i>
2:30 PM - 2:45 PM	(0.25)	Equinus and Wound Care/Limb Salvage <i>Austin Mishko, DPM</i>
2:45 PM - 3:00 PM	(0.25)	Tendon Transfer in DM Complications <i>Brent Bernstein, DPM</i>
3:00 PM - 3:30 PM	(0.5)	5th Metatarsal Base Ulceration in a Cavus Diabetic Foot: Reconstructive Options <i>Raquel Sugino, DPM</i>
3:30 PM - 4:00 PM	(0.5)	Charcot Reconstruction Algorithm <i>Mario Cala, DPM</i>

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Physician Schedule

Saturday, January 31, 2026 (cont.)



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TRACK I (cont.)

Fiesta 5

<u>Wounds and Limb Salvage Lecture Track</u>		
4:00 PM - 4:15 PM	 (0.25)	Random Skin Flaps for DM Foot Wounds <i>Brent Bernstein, DPM</i>
4:15 PM - 4:30 PM	 (0.25)	Xenografts vs. Skin Grafting <i>Austin Mishko, DPM</i>
4:30 PM - 5:00 PM	 (0.5)	Fasciocutaneous vs. Muscle Flaps <i>Brent Bernstein, DPM</i>
5:00 PM - 5:30 PM	 (0.5)	Tibial Transport for Limb Salvage <i>Raquel Sugino, DPM</i>

Physician Schedule

Saturday, January 31, 2026 (cont.)



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TRACK II Fiesta 6

8:00 AM - 8:30 AM	(0.5)	<u>Regenerative Medicine Lecture Track</u> Fat Pad Restoration in the Podiatric Patient <i>Jodi Schoenhaus, DPM</i>
8:30 AM - 9:00 AM	(0.5)	Signaling Regeneration with Umbilical Cord Tissue <i>Thuy Ho-Ellsworth, DPM</i>
9:00 AM - 9:30 AM	(0.5)	Incorporating Shockwave Therapy into Your Practice for Common Podiatric Conditions <i>Brian Fullem, DPM</i> FPMA has designated an Unrestricted Educational Grant from Zimmer Medizin to support this program
9:30 AM - 10:00 AM	(0.5)	Integrating Oral Peptides Into Podiatric Care <i>Joanne Balkaran, DPM</i>
10:00 AM - 10:30 AM	(0.5)	The Regenerative Multiplier: Why Photobiomodulation Changes Everything <i>Rahul Desai, MD</i>
10:30 AM - 11:00 AM	(0.5)	Panel/Q&A
11:00 AM - 2:00 PM	NON-CECH	SAM 2026 Exhibit Hall Open for Lunch and Industry Theaters
2:00 PM - 2:30 PM	NON-CECH	<u>Practice Management Lecture Track</u> Beyond Insurance: How Patient-Funded Care Can Elevate Patient Outcomes and Your Practice <i>Michael Graham, DPM</i>
2:30 PM - 3:00 PM	NON-CECH	What are Your Avenues of Patient Pay Success? <i>Michael Graham, DPM</i>
3:00 PM - 3:30 PM	NON-CECH	Getting Your Office Team On-board <i>Michael Graham, DPM</i>
3:30 PM - 4:00 PM	NON-CECH	Best Tips in Presenting Self-Funded Care to Your Patients <i>Michael Graham, DPM</i>

Physician Schedule

Saturday, January 31, 2026 (cont.)



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Controlled Substances

TRACK III Yucatan 2 & 3

3:00 PM - 4:00 PM

NON-CECH

Residency Director Roundtable

Julio Ortiz, DPM (Moderator)

Presenters:

Patrick DeHeer, DPM

Nishu Vora, DPM

Jim Clancy, DPM

4:00 PM - 5:30 PM

 (1.5)

Fellowship Directors Roundtable

Brad Lamm, DPM, Andrew Belis, DPM,

Warren Windram, DPM, Ronald Troxell, DPM

Physician Schedule

Sunday, February 1, 2026



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Controlled Substances

7:00 AM - 10:00 AM

SAM Registration Desk Open

TRACK I Fiesta 5

8:00 AM - 8:30 AM



Embracing Mindfulness: Achieving a Work-Life Balance
Adam Perler, DPM

8:30 AM - 10:30 AM



Opioids and Controlled Substances
Joshua Lenchus, DO, RPh, FACP, SFHM

Resident Case Presentation Competition and Poster Competition

Resident Case Presentations

Reducing and Tracking Pin-Site Complications with External Ring Fixation

Natalie Cornelison

From Misdiagnosis to Masterpiece: Winning the Battle Against Pyoderma Gangrenosum

Rovern Anthony

Ankle Fusion Following a Failed Open Pilon Fracture ORIF: A Case Report

Luke Boose

Save a Limb or Lose a Life: A Case Presentation of Successes, Limitations, and Ultimate Amputation

Cassidy Cutshall

Staged Arthroscopic Septic Ankle Arthrodesis with External Fixation for Limb Salvage

Adismary Salinas Recio

Charcot Neuroarthropathy with Talectomy

Dillon Moss

Poster Submissions

Are We Overprescribing? A Retrospective Review of Opioid Prescriptions Following Forefoot and Rearfoot Surgery

Maria Torrealba

Preoperative Glycemic Optimization and Postoperative Outcomes in Foot and Ankle Surgery

Maria Torrealba

Bridging Failure to Fusion: A Case Study of Managing Post-ORIF Charcot Collapse with Septic Arthrodesis

Michael Leaman

Clinical Outcome of Tibial Cortex Transverse Transport (TTT) for Limb Salvage: A Case Study

Paloma De Leon Jimenez

Restoring Function in Severe Cavoequinovarus Deformity After 5th Ray Resection

Justin Vilaseca

Poster Submissions (cont.)

Failed Derotational Arthroplasty Leading to Flail Toe: Restoring Function Through Syndactylization

Malisha Pahari

Microsurgical Salvage of Traumatic Hallux Amputation: A Case Report

Katherine Knipp

Primary Tibiotalocalcaneal Fusion for a Fragility Ankle Fracture in a Geriatric Patient with Cognitive Impairment: A Case Study

Malachi Brown

GLP-1 Agonists in Foot & Ankle Surgery: Risks and Outcomes in Arthroplasty, Fusion, and Wound Healing: A Systematic Review/Meta-Analysis

Imani Graham

Novel Four-Screw Construct for Vertical Medial Malleolar Fractures: A Cost-Conscious Alternative to Plate Fixation

Cramyolee Renee

SOLE Project

Malachi Brown

Tumoral Calcinosis of the Posterior Heel With Secondary Ulceration: A Case Study

Malachi Brown

Depth Matters: Using Wagner Classification to Guide Skin Graft Layering in Chronic Diabetic Foot Ulcers

Cassandra Saint-Louis

Hidden in Plain Sight: Incidental Detection of Acral Lentiginous Melanoma During Routine Diabetic Foot Care

Cassandra Saint-Louis

Continued on Next Page

Resident Case Presentation Competition and Poster Competition (cont.)

Poster Submissions (cont.)

Hyperbaric Oxygen Therapy in Digital Crush Injuries: A Case Study

Hannah Herring

Polytrauma Patient Undergoing Medial Malleolar Takedown Approach with Open Reduction and Internal Fixation for Talar Body Fracture

Maria Torrealba

Unique Layered Human Birth Tissue Allograft Technique to Augment Healing of a Diabetic Foot Ulcer With Osteomyelitis: A Case Study in Limb Salvage

Ray Maymunah

Improved Edema Control and Pin-Site Outcomes With Jones Compression Beneath Circular Ring Fixation

Natalie Cornelison

Linking Foot and Ankle Microtrauma to Ganglion Cyst Formation

Tasmia Unnoor

Minimally Invasive Preparation via Arthroscopy for Tibio-Talo-Calcaneal (TTC) Arthrodesis in a High-Risk Diabetic with Charcot Neuroarthropathy: A Case Report

Kaitlin Thompson

When Trauma Unmasks Charcot: Staged Limb Salvage in a Young Diabetic Patient: A Case Study

Marie Velazquez Mendez

Limb Salvage in the Case of Osteomyelitis: The Benefits of Local Administration of Antibiotics

Katherine Knipp

Four-Year Outcomes of Total Ankle Replacement with a Specific Fixed-Bearing Implant by a Single Surgeon, Non-Inventor

Ben McManus

Two-Year Outcomes of Total Ankle Replacement with a Specific Mobile-Bearing Implant by a Single Surgeon, Non-Inventor

Ben McManus

Evaluation of the Lapidot Procedure Utilizing a Metallic Wedge: One Year Outcomes of a Novel Technique

Ben McManus

Salvaging the Unsalvageable: Transverse Tibial Transport for Chronic Limb-Threatening Wounds: A Case Study

Jose Nava Rivera

Comparison of Open Reduction and Internal Rotation (ORIF) vs. Primary Arthrodesis (PA) of the 1st Metatarsal in Homolateral Lisfranc Dislocation

Taylor Thompson

Cutaneous Sporotrichosis of the Ankle in a Lawn- Care Worker: A Case Report and Clinical Outcome

Megan Yeung

Comparison of Solid vs. Cannulated Screw Fixations in Jones Fractures: Outcomes and Complications

Jack DeVane

Optimizing Fixation in 5th Metatarsal Avulsion and Jones Fractures: Outcomes of a Hybrid Plate and Screw Construct for Enhanced Stability

Jack DeVane

Case-Based Insights into Foot and Ankle Tumor Management: The Good, the Bad, and the Ugly

Gabriel Ocasio-Martinez

Continued on Next Page

Resident Case Presentation Competition and Poster Competition (cont.)

Poster Submissions (cont.)

**The Minimally Invasive Hybrid Approach:
Accelerating Recovery in Bilateral Charcot-Marie-
Tooth Foot Reconstruction**

Gabriel Ocasio-Martinez

**MIS Bunionectomy: Are Metatarsal Protrusion
Changes a Valid Concern?**

Adam Reece

**Unprepped Joint Fusion: Inducing an Environment
of Autofusion**

Adam Reece

**Zadek Dorsal Closing-Wedge Calcaneal Osteotomy
with Concomitant Haglund Resection for Refractory
Insertional Achilles Tendinopathy: A Case Report**

Ray Maymunah

**Enzymatic Debridement as a Non-Traumatic Adjunct
for Lower Extremity Pyoderma Gangrenosum in a
Chronic Smoker: A Case Study**

Asia Denning

**Understanding Palmar-Plantar Erythrodysesthesia:
A Case Study**

Imani Graham

**Use of Tricalcium Phosphate as a Bone Graft
Substitute in the Management of First
Tarsometatarsal Joint Non-union: A Case Report**

Anabel Vidal Yglesias

**Minimally Invasive Forefoot Surgery: Common
Complications and Outcomes**

Stephanie Perez

**Misdiagnosis Meets Innovative Success: Use of
Tricalcium Phosphate in the Surgical**

Ariana Feagan

**The Neuropathic Lisfranc Dislocation with Ischemic
Skin Necrosis: Two Stages Towards**

Maria Hidalgo

**Femoral Head Allograft Bone-Block Arthrodesis
Versus Modern Alternatives in Hindfoot
Reconstruction: A Case Study Using a 3D-Printed
Custom Talar Implant with Intramedullary Fixation**

Katherine Restrepo

**Surgical Treatment of a Calcaneal Unicameral Bone
Cyst: A Case Report**

Pranav Phadtare

**Progressive Collapsing Foot Deformity and Tarsal
Tunnel Syndrome Leading to Severe Neuropathy**

Omar Bhaghani

**Early Identification and Intervention in Lower
Extremity Wounds: Using Structured Assessment
Tools and the Wound Balance Framework to Guide
Dressing Selection**

Asia Denning

X-Ray Assistant Program Schedule

The SAM 2026 Podiatric X-Ray Assistant program will take place on Saturday, January 31 in **Coronado H.**

Every Podiatric X-Ray Assistant attendee must sign in on a sign-in sheet in order to receive credit for attending the SAM 2026 Podiatric X-Ray Assistant program.

All registered Podiatric X-Ray Assistants must view the two-hour Medical Errors course as well as attend the six-hour X-Ray Assistant program taking place live at SAM 2026.

The examination for Initial licensure of Podiatric X-Ray Assistants will take place on Sunday, February 1 in **Fiesta 6**. Please make sure to be on time for the exam.

Saturday, January 31, 2026 (Coronado H)

7:00 AM - 5:00 PM	SAM Registration Desk Open
8:00 AM - 10:00 AM	Medical Errors Course <i>Joseph Brooks, Esq.</i>
10:00 AM - 10:15 AM	Break
10:15 AM - 10:45 AM	Anatomy Review <i>Alissa Zdancewicz, DPM</i>
10:45 AM - 12:15 PM	X-Ray Assistant Lectures <i>Luis Rodriguez, DPM</i>
12:15 PM - 1:15 PM	SAM 2026 Exhibit Hall Open for Lunch
1:15 PM - 3:15 PM	X-Ray Assistant Lectures (cont.) <i>Luis Rodriguez, DPM</i>
3:15 PM - 3:30 PM	Break
3:30 PM - 4:30 PM	X-Ray Assistant Lectures <i>Luis Rodriguez, DPM</i>
4:30 PM - 5:00 PM	Office Emergencies <i>David Alper, DPM</i>
5:00 PM - 5:30 PM	OSHA Review <i>David Alper, DPM</i>

Sunday, February 1, 2026 - Fiesta 6

8:00 AM - 10:00 AM	X-Ray Assistant Exam <i>(Initial Licensure Only)</i>
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Podiatric Medical Assistant/Office Staff Program Schedule

Friday, January 30, 2026 (Monterrey 1 - 3)

7:00 AM - 5:00 PM	SAM Registration Desk Open
2:00 PM - 2:30 PM	Podiatric Dermatology Protocols for Better Patient Outcomes: Diagnostic Tools and Treatment Options <i>David Schweibish, DPM</i>
2:30 PM - 3:00 PM	Explaining Procedures to Patients in Layman's Terms <i>Jean Holewinski, DPM</i>
3:00 PM - 3:45 PM	Wound Care and Optimizing Nutritional Status <i>Joseph Schiera</i>
3:45 PM - 4:30 PM	Expert Dispensing for the Modern Medical Practice <i>Rachel Martinez</i>

Saturday, January 31, 2026 (Monterrey 1 - 3)

8:00 AM - 8:15 AM	Introduction to Wellness in the Workplace <i>Alissa Zdancewicz, DPM</i>
8:15 AM - 8:45 AM	Go with the Flow - Clinic Flow and Keeping Your Doctor on Time <i>Jean Holewinski, DPM</i>
8:45 AM - 9:15 AM	I Don't Have Time for This - Scheduling and Triage <i>Jean Holewinski, DPM</i>
9:15 AM - 9:45 AM	Don't Negotiate with Terrorists: How to Manage Challenging Patients <i>Tania Chevalier</i>
9:45 AM - 10:00 AM	Break
10:00 AM - 11:00 AM	Preventing, Recognizing, and Managing Burnout <i>Tania Chevalier</i>
11:00 AM - 1:30 PM	SAM 2026 Exhibit Hall Open for Lunch

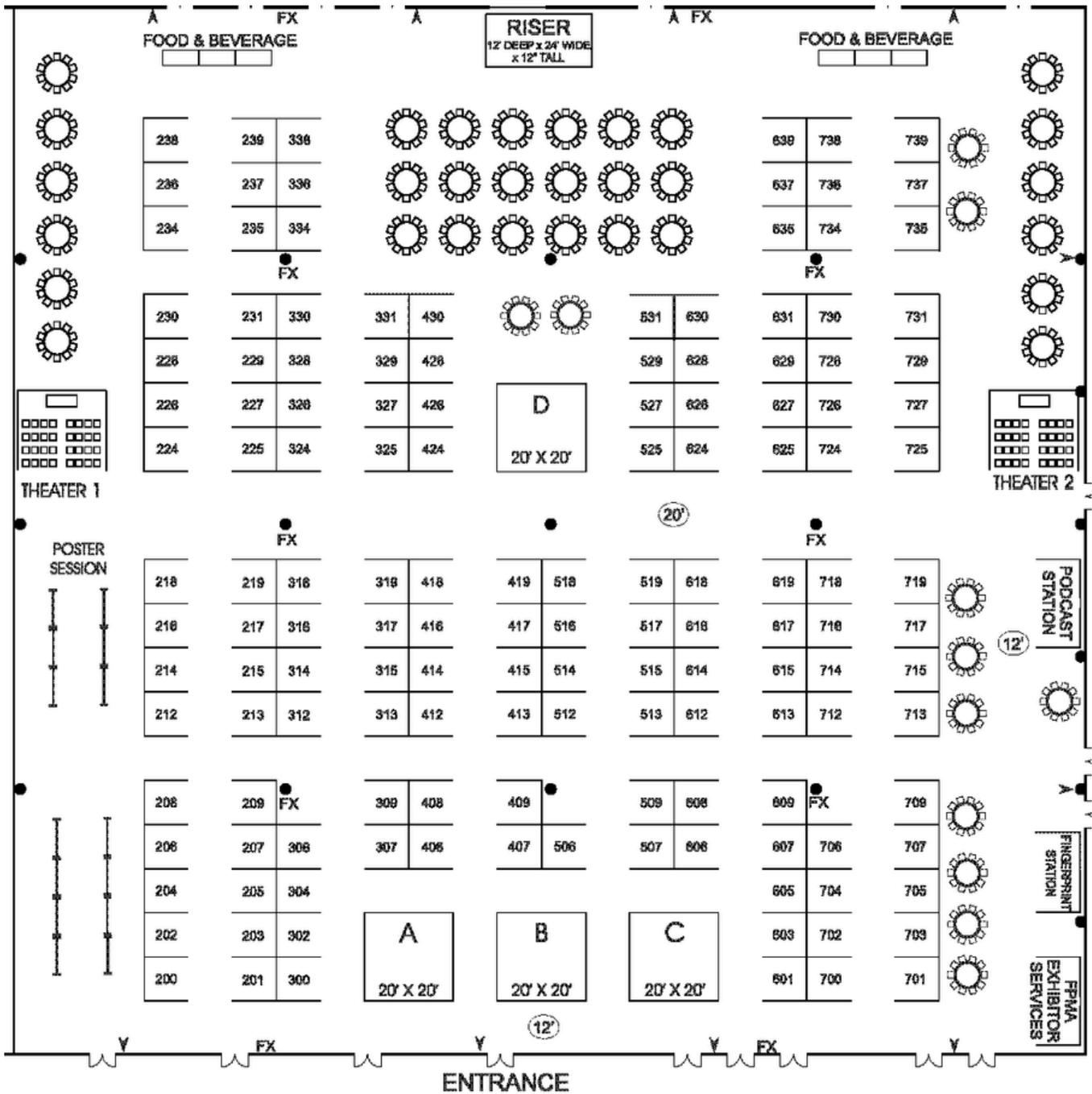
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Podiatric Medical Assistant/Office Staff Program Schedule (cont.)

Saturday, January 31, 2026 (Monterrey 1 - 3) (cont.)

	<u>Meeting of the Minds - Lectures by Office Managers</u>
1:30 PM - 1:50 PM	Phone Scripts and Clinical Phone Calls
1:50 PM - 2:10 PM	Can't We All Just Get Along - Conflict in the Workplace
2:10 PM - 2:30 PM	Be All That You Can Be - Pathways to Leadership in the Office
2:30 PM - 2:45 PM	Panel Discussion Q&A with Office Managers
2:45 PM - 3:00 PM	Break
3:00 PM - 4:30 PM	<u>Workshop: Rotating Stations</u>
	1. Wound Care, Types of Dressings, and Application Techniques (self-guided)
	2. Taping and Strapping <i>Jean Holewinski, DPM</i>
	3. Anatomy Review - Name that Bone (self-guided)
	4. WWYD? Role-play Patient Scenarios (self-guided)

Exhibit Hall Map



Thursday, January 29, 2026
10:00 a.m. - 4:00 p.m.

Friday, January 30, 2026
10:00 a.m. - 4:00 p.m.

Saturday, January 31, 2026
10:00 a.m. - 2:00 p.m.

Exhibitor List - Alphabetical

Company Name	Website	Booth Number(s)
Abbott Nutrition	https://www.abbott.com	719
Accufix Surgical	https://accufixsurgical.com	718
Acute Wound Care and Compression Devices	https://www.acutewoundcare.com	635
AIMx Podiatry	https://im-athletic.com	325
AIROS Medical	https://airosmedical.com	224/226
American Board of Foot and Ankle Surgery	https://www.abfas.org	615
American Board of Multiple Specialties in Podiatry	https://abmsp.org	639
American Board of Podiatric Medicine (ABPM)	https://podiatryboard.org	603
AMERX Health Care	https://amerxhc.com	313/412
Amgen Rare Disease	https://www.krystexxa.com	629
Anodyne	https://www.anodyneshoes.com	630
Apex Biologix	https://apexbiologix.com	712
APMA PAC	https://www.apma.org	507
AROA Biosurgery	https://aroa.com	206
Arthrex, Inc.	https://www.arthrex.com	608
Athelas	https://www.athelas.com	738
Averitas Pharma	https://www.averitaspharma.com	703
AVR Innovation	https://avrinnovation.com	209
Bako Diagnostics	https://bakodx.com	Island Booth C
Barry University School of Podiatric Medicine	https://www.barry.edu/en/academics/podiatric-medicine	214
Bee Well Therapeutics	https://www.beewelltherapeutics.com	208

Exhibitor List - Alphabetical

Company Name	Website	Booth Number(s)
Bianco Brothers Instruments LLC	https://www.biancobrothers.com	229
BioLab Holdings	https://www.biolabholdings.com	413/512
BioSkin LLC	https://pro.bioskin.com	735
Bioventus	https://www.bioventus.com	627
Blue Orchid Marketing	https://blueorchidmarketing.com	231
Bobber Biotech	https://bobberbiotech.com	331
BONESUPPORT	https://www.bonesupport.com/en-us	200
Brooks Sports Inc.	https://www.brooksrunning.com/en_us	315/317
Calmoseptine, Inc.	https://calmoseptineointment.com	734
ConMed Foot and Ankle	https://www.conmed.com/en/footandankle	237
Convatec	https://www.convatec.com	725
Coretech	https://www.vivehealth.com	736
CuraMedix	https://www.curamedix.com	730
Dean Dorton	https://deandorton.com	424
DeHeer Othopedics LLC	https://www.gastroc.com	234
DePuy Synthes	https://depuysynthes.com	217
DG Instruments	https://dginstruments.com	709
Dia-Foot	https://dia-foot.com	618
Draw Me Bots	N/A	415
Earthwalk Orthotics	https://www.earthwalkorthotics.com	336
EBM Medical	https://ebmmedical.com	619

Exhibitor List - Alphabetical

Company Name	Website	Booth Number(s)
Elite Wound Care Consultants	https://elitewoundcareconsultants.com	Island Booth D
Emblation, Inc.	https://swiftbyemblation.com	407
Enovis	https://enovis.com	329
Enovis	https://enovis.com	705
Enovis/Dr. Comfort	https://enovis.com	300
FisherSMB	https://www.fishersmb.com	527
Florida Department of Health (DOH)	https://www.floridahealth.gov	624
Florida Endovascular and Interventional	https://www.flinterventional.com	428
Florida PDMP Foundation/ E-FORCSE	https://www.flpdmfFoundation.com	701
Florida Podiatric Medical Association	https://www.fpma.com	238
Florida Podiatry Political Committee (FPPC)	https://www.fpma.com/advocacy.php	606
Footmaxx	https://www.footmaxx.com	318
Footsteps	http://foot-steps.com	213
Forward Motion Medical	https://www.fdmotion.com	614
Free Life Labs	https://freelifelabs.com/	529
FunghiClear	https://funghiclear.com	737
Fusion Orthopedics	https://fusionorthopedics.com	409
Gill Podiatry Supply Company	https://www.gillpodiatry.com	706
Henry Schein Inc.	https://www.henryschein.com	207
HOKA	https://www.hoka.com/en/us	506
I Am ALS	https://www.iamals.org	729

Exhibitor List - Alphabetical

Company Name	Website	Booth Number(s)
Infinite Genomics	https://infinite-genomics.com	330
Integra Life Sciences	https://www.integralife.com	307
Irrimax	https://www.irrisept.com	509
Irrisept	https://www.irrisept.com	205
JARALL Medical Management	https://jarallmedical.com	616
Johnson and Johnson Medical Solutions	https://www.johnsonmedsolutions.com	235
Kerecis	https://www.kerecis.com	419
Kuros Biosciences	https://kurosbio.com	228
LATITUDES714	https://fpmamerch.com/shop/home	726
Lauderdale Pathology	https://lauderdalepathology.com	700
LifeLink Tissue Bank	https://lifelinktissuebank.org/	702
Marlinz Pharma	https://marlinzpharma.com	Island Booth A
Matriderm	https://matridermusa.com	516
McClain Laboratories	http://www.mcclainlab.com	227
Medi-Dyne	https://medi-dyne.com	716
Media NV	https://www.medianv.com	517
Medline UNITE	https://www.medline.com	202
MedPro Group	https://medpropodiatry.com	319
Medtronic	https://www.medtronic.com	731
MIMEDX Group, Inc.	https://www.mimedx.com	626
MiRus	https://www.mirusmed.com	219
Mobile Fingerprinting LLC	https://mobilefingerprints.com	239
Modern Podiatrist, LLC	https://modernpodiatrist.com	306

Exhibitor List - Alphabetical

Company Name	Website	Booth Number(s)
Modernizing Medicine	https://www.modmed.com	514
Nevro	https://www.nevro.com	628
NeXtGen Biologics, Inc.	https://www.nextgenbiologics.com	430
NextGen Healthcare	https://www.nextgen.com	225
Nona Scientific Laboratory	https://nonascientific.com	326
Organogenesis	https://www.organogenesis.com	515
Ortho Dermatologics	https://www.ortho-dermatologics.com	531
OSSIO	https://ossio.io	518
Paragon28	https://paragon28.com	Island Booth B
Paratek Pharmaceuticals	https://www.paratekpharma.com	519
Pedifix	https://www.pedifix.com	312
Physician Claim	https://physicianclaim.com	607
PICA	https://www.picagroup.com	406/408
Podiatry Content Connection	https://www.podiatrycontentconnection.com	426
PodiatryMeetings.com	https://podiatrymeetings.com	236
PowerStep	https://powerstep.com	601
PractiSynergy	https://practisynergy.com	724
Quantum Medical Supply, Inc.	https://quantummedicalsupply.com	314
Realm Labs, LLC	https://realm labs.net	717
Redi-Thotics	https://redi-thotics.com	713/715
Reprise Biomedical	https://reprisebio.com	203
Sagis Diagnostics	https://www.sagisdx.com/podiatric-pathology	513/612

Exhibitor List - Alphabetical

Company Name	Website	Booth Number(s)
Sanara MedTech	https://sanamedtech.com	728
Sanuwave	https://sanuwave.com	617
Saumell Medical Equipment & Supplies	https://www.smedsupplies.com	334
Shoreline Medical Administration	https://www.shorelinemedicaladmin.com	714
Smith & Nephew	https://smith-nephew.com	338
Softwave TRT	https://softwavetr.com	212
SOLEutions	https://SOLEutionsdpm.com	605
SOLO Labs	https://sololabs.com	625
Solution Practice Management	https://www.solutionpm.com	631
Sound Medical Solutions, LLC	N/A	637
Special Olympics Florida	https://www.specialolympicsflorida.org/our-programs/health-fitness-programs	216
Steriweb Medical, LLC	N/A	218
Stryker	https://www.stryker.com/us/en	525
Summus Medical Laser	https://summuslaser.com	707
SureFit	https://www.surefitlab.com	727
Team Health Network	https://epulsemassage.com	204
Temple University School of Podiatric Medicine (TUSPM)	https://podiatry.temple.edu	215
The CORE Group	http://www.coregroupmedical.com	704
The Podiatree Company	https://thepodiatreecompany.com	609
The Remy Laser	https://remylaser.com/	316
The Tetra Corporation	https://www.thetetrapcorp.com	304

Exhibitor List - Alphabetical

Company Name	Website	Booth Number(s)
TheraMicro, Inc.	https://theramicro.com	302
Tiger Wound Care	https://tigerwoundcare.com	739
TLD Systems	https://tldsystems.com	414
ToeFX	https://www.toefx.com	328
Treace Medical Concepts, Inc.	https://www.treace.com	416/418
Turner Imaging Systems	https://turnerxray.com	201
Upperline Health	https://upperlinehealth.com	327
Vale Medical, LLC	https://valemedical.com	230
Vertex Pharmaceuticals	https://www.vrtx.com	309
Web Power Advantage	https://webpoweradvantage.com	613
Zimmer MedizinSystems	https://zimmerusa.com	324

Company Name	Booth Number(s)
Marlinz Pharma	Island Booth A
Paragon28	Island Booth B
Bako Diagnostics	Island Booth C
Elite Wound Care Consultants	Island Booth D
BONESUPPORT	200
Turner Imaging Systems	201
Medline UNITE	202
Reprise Biomedical	203
Team Health Network	204
Irrisept	205
AROA Biosurgery	206
Henry Schein Inc.	207
Bee Well Therapeutics	208
AVR Innovation	209
Softwave TRT	212
Footsteps	213
Barry University School of Podiatric Medicine	214
Temple University School of Podiatric Medicine	215
Special Olympics Florida	216
DePuy Synthes	217
Steriweb Medical, LLC	218
MiRus	219
AIROS Medical	224/226
NextGen Healthcare	225

Company Name	Booth Number(s)
McClain Laboratories	227
Kuros Biosciences	228
Bianco Brothers Instruments	229
Vale Medical, LLC	230
Blue Orchid Marketing	231
DeHeer Orthopedics, LLC	234
Johnson and Johnson Medical Solutions	235
PodiatryMeetings.com	236
ConMed Foot and Ankle	237
FPMA	238
Mobile Fingerprinting LLC	239
Enovis/Dr. Comfort	300
TheraMicro, Inc.	302
The Tetra Corporation	304
Modern Podiatrist, LLC	306
Integra Life Sciences	307
Vertex Pharmaceuticals	309
Pedifix Footcare Company	312
AMERX Health Care	313/412
Quantum Medical Supply, Inc.	314
Brooks Sports Inc.	315/317
The Remy Laser	316
Footmaxx	318
MedPro Group	319
Zimmer MedizinSystems	324

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AIMx Podiatry	325
Nona Scientific Laboratory	326
Upperline Health	327
ToeFX	328
Enovis	329
Infinite Genomics	330
Bobber Biotech	331
Saumell Medical Equipment & Supplies	334
Earthwalk Orthotics	336
Smith & Nephew	338
PICA	406/408
Emblation, Inc.	407
Fusion Orthopedics	409
BioLab Holdings	413/512
TLD Systems	414
Draw Me Bots	415
Treace Medical Concepts, Inc.	416/418
Kerecis	419
Dean Dorton	424
Podiatry Content Connection	426
Florida Endovascular and Interventional	428
NeXtGen Biologics, Inc.	430
HOKA	506
APMAPAC	507
Irrimax	509

Company Name	Booth Number(s)
Sagis Diagnostics	513/612
Modernizing Medicine	514
Organogenesis	515
Matriderm	516
Media NV	517
OSSIO	518
Paratek Pharmaceuticals	519
Stryker	525
Fisher\SMB	527
Free Life Labs	529
Ortho Dermatologics	531
PowerStep	601
American Board of Podiatric Medicine (ABPM)	603
SOLEutions	605
Florida Podiatry Political Committee (FPPC)	606
Physician Claim	607
Arthrex, Inc.	608
The Podiatree Company	609
Web Power Advantage	613
Forward Motion Medical	614
American Board of Foot and Ankle Surgery (ABFAS)	615
JARALL Medical Management	616
Sanuwave	617
Dia-Foot	618

Company Name	Booth Number(s)
EBM Medical	619
Florida Department of Health (DOH)	624
SOLO Labs	625
MIMEDX Group, Inc.	626
Bioventus	627
Nevro	628
Amgen Rare Disease	629
Anodyne	630
Solution Practice Management	631
Acute Wound Care and Compression Devices	635
Sound Medical Solutions, LLC	637
American Board of Multiple Specialties in Podiatry	639
Lauderdale Pathology	700
Florida PDMP Foundation/E-FORCSE	701
LifeLink Tissue Bank	702
Averitas Pharma	703
The CORE Group	704
Enovis	705
Gill Podiatry Supply Company	706
Summus Medical Laser	707
DG Instruments	709
Apex Biologix	712
Redi-Thotics	713/715
Shoreline Medical Administration	714

Company Name	Booth Number(s)
Medi-Dyne	716
Realm Labs LLC	717
Accufix Surgical	718
Abbott Nutrition	719
PractiSynergy	724
Convatec	725
LATITUDES714	726
SureFit	727
Sanara MedTech	728
I Am ALS	729
CuraMedix	730
Medtronic	731
Calmoseptine, Inc.	734
BioSkin LLC	735
Coretech	736
FunghiClear	737
Athelas	738
Tiger Wound Care	739

SAVE

THE DATES



FPMA 2026 Summer Conference

June 4 - 7, 2026

Hyatt Regency Coconut Point Resort and Spa, Bonita Springs, FL

SAM CONFERENCE 2027

January 28 - 31, 2027

Hyatt Regency Orlando

Mark your calendars & don't miss out on these upcoming FPMA events!

