

Available Reproducibles

Title
A Guide to Common Foot Deformities
A Shoe for Every Sport
A True or False Quiz About Walking
Aerobics and Your Feet
Aging and Your Feet
All Toes On-Deck
Alternatives to Walking
Amputation Prevention Checklist - English
Amputation Prevention Checklist - Spanish
Annual Comprehensive Diabetes Foot Exam Form*
APMA Walking Guide
Arterial Disease and Amputation - English
Arterial Disease and Amputation - Spanish
Arthritis and Your Feet
Athlete's Foot
Avoid Pain & Raise Your Game (<i>specifically for teens</i>)
Avoiding Footwear Fumbles When Exercising or Playing Sports
Back to School Shoe Shopping Tips
Baseball and Your Feet
Basketball and Your Feet
Be Sweet to Your Feet if You Have Diabetes*
Best Bets for Boot Buying
Bunion Basics
Bunion Blues & Shoes
Bunions - English
Bunions - Spanish
Children's Feet - English
Children's Feet - Spanish
Children's Shoe Shopping Tips - English
Children's Shoe Shopping Tips - Spanish
Choosing a Walking Shoe That's Right for You
Choosing Summer Footwear that Looks and Feels Great
Common Childhood Foot Complications - English
Common Childhood Foot Complications - Spanish
Common Childhood Foot Conditions
Common Foot Problems (<i>specifically for teens</i>)
Comprehensive Diabetes Foot Examination Form
Contact Sports and Your Feet
Cycling and Your Feet
Diabetes
Diabetes & Your Feet FAQs
Diabetes and Your Feet
Diabetes by the Numbers

*These documents are courtesy of the National Diabetes Education Program (NDEP)

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Title
Diabetes by the Numbers: Florida
Diabetes Frequently Asked Questions
Diabetes Key Messages
Diabetes True and False Quiz - English
Diabetes True and False Quiz - Spanish
Diabetic Ulcer Treatment Options - English
Diabetic Ulcer Treatment Options - Spanish
Diabetic Ulcers: Frequently Asked Questions - English
Diabetic Ulcers: Frequently Asked Questions - Spanish
Diabetic Wound Care
Don't Get Sidelined - Get Active! (Heel Pain Facts)
Don't Let Diabetes Get a Foothold on You - English
Don't Let Diabetes Get a Foothold on You - Spanish
Dos & Don'ts for a Fabulous Pedicure (<i>specifically for teens</i>)
Exercise Walking and Your Feet
Fall Into Boots That Feel Good
FAQ - Children's Foot Health
FAQ - Diabetes and the Feet - English
FAQ - Diabetes and the Feet - Spanish
FAQ - Pregnancy and Pediatric Foot Health - English
FAQ - Pregnancy and Pediatric Foot Health - Spanish
FAQs About Foot Care
Feet Kit (Preventing Diabetes Foot Problems)*
Fighting the Five Most Common Foot Woes
First Steps: Keeping Kids' Feet Healthy and Happy
Fitness and Your Feet
Flow Chart for Diabetes Foot Exams*
Foot and Ankle Injuries
Foot Care 101 (<i>specifically for teens</i>)
Foot Care Tips: 12 Steps to Healthier, Happy Feet
Foot-Friendly Tips to Prevent Common Running Injuries
Foot Health Advice for Patients with Diabetes
Foot Health and Diabetes*
Footwear - English
Footwear - Spanish
Footwear Fashion Calendar
Footwear Matters
Forefoot Surgery
Frequently Asked Questions on Diabetes
From Blistered to Blissful
Gearing Up for Walking Guide
General Foot Health
Get a Jump on Heel Pain & Sports - English

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Title
Get a Jump on Heel Pain & Sports - Spanish
Get in Step! Walk for Exercise
Golf and Your Feet
Hammertoes
Heel Pain
Heel Pain Diagram - English
Heel Pain Diagram - Spanish
Heel Pain FAQ - English
Heel Pain FAQ - Spanish
Heel Pain Guide
Heel Pain - Key Messages - English
Heel Pain - Key Messages - Spanish
Helpful Kids Shoe Shopping Tips
High Blood Pressure
High Risk Feet Sticker Template*
Holidays Hurting the Feet?
How to Choose the Right Shoe (<i>specifically for teens</i>)
Keep Kids Moving: Shoes for the Right Sport
Keep Your Feet Fit For Life Checklist
Keeping Feet Healthy and Happy*
Kick-Start Kids' Summer with Shoe-Shopping Tips for Parents
Little Johnny Sorefoot
Medicare
Meet My Feet Interactive Tip Sheet
Nail Problems
NDEP Tool Kit: Preventing Type 2 Diabetes*
New Year's Foot Fixes
Orthotics - English
Orthotics - Spanish
Patient Checklist
Pedicure Pointers
Peripheral Arterial Disease (PAD)
Peripheral Neuropathy
Plantar Fasciitis/Heel Pain
Play it Safe - Sport-Specific Shoes Can Affect the Way You Play!
Podiatric Medicine
Podiatry Brochure About Diabetes*
Pregnancy & Your Feet - English
Pregnancy & Your Feet - Spanish
Prepare for Your Podiatry Appointment
Preparing Your Feet for a Lifetime of Walking
Prescription Orthotics
Proper Foot Care for You and Your Family

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Title
Proper Foot Care Vital for Those with Diabetes - English
Proper Foot Care Vital for Those with Diabetes - Spanish
Questions for Your Doctor (Diabetes) - English
Questions for Your Doctor (Diabetes) - Spanish
Quiz on Diabetes and the Feet - English
Quiz on Diabetes and the Feet - Spanish
Quiz on General Foot Health
Rearfoot Surgery
Recommendations for Starting a Walking Program
Regular Foot Care Can Prevent Diabetic Amputation - English
Regular Foot Care Can Prevent Diabetic Amputation - Spanish
Restless Legs Syndrome Fact Sheet
Running and Your Feet
Secrets to Avoiding a Sandal Scandal
Shoe Hollywood Stories: Give Your Feet Star Treatment
Shoe Hollywood Stories: Personal Toe Training
Shoe Hollywood Stories: Profiles
Shoe Hollywood Stories: Starting Your Child Off on the Right Foot
Shoe Hollywood Stories: The Sole Scoop
Shoe Shopping Checklist
Shoe Shopping for Kids: A Parent's Guide to a Year-Round Task
Shoe Shopping with Teens? Sanity-Saving Tips for Parents
Shoes and Socks Take 'Em Off Sign - English*
Shoes and Socks Take 'Em Off Sign - Spanish*
Skin Cancers of the Feet
Sport-Specific Footwear Gives Kids a Boost - English
Sport-Specific Footwear Gives Kids a Boost - Spanish
Sports and Your Children's Feet
Spring into the Season with Fabulous Feet
Steps to Overcoming Your Heel Pain - English
Steps to Overcoming Your Heel Pain - Spanish
Stress Fractures
Stretching Tips for Exercise Walkers
Summer Foot Fixes
Take Care of Your Feet for a Lifetime - English*
Take Care of Your Feet for a Lifetime - Spanish*
Taking Care of Your Feet is Not Child's Play
Team Care: Comprehensive Lifetime Management for Diabetes*
Ten Tips for Healthy Feet
Tennis and Your Feet
The Amazing Facts About Walking
The Real Cost of Diabetes
The Sandal Scandal

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Title
The Top 10 Do's and Don'ts for Walking
The Top 10 Excuses Not to Walk
Tips for Buying and Wearing Shoes for Adults and Children
Tips on Finding a Sole Solution to Foot Pain - English
Tips on Finding a Sole Solution to Foot Pain - Spanish
Tips to Avoid a Flip Flop Fiasco
Today's Podiatrist
Today's Podiatrist Talks About Diabetes
Top Ten Foot Problems
Travel Tips - Ideas for Good Foot Health When Traveling
Twenty Examples of Common Foot and Ankle Ailments
Ultimate Exercises for Stylish Feet
Walk a Mile with Happy and Healthy Feet - English
Walk a Mile with Happy and Healthy Feet - Spanish
Walk Your Way to Better Health
Walking
Walking Tips for Seniors
Warts
Well-Heeled, Footwear Advice to Avoid Pain - English
Well-Heeled, Footwear Advice to Avoid Pain - Spanish
What are Blisters?
What are Corns or Calluses?
What are Your Feet Saying About You?
What is a Diabetic Ulcer?
What is a Flat Foot?
What is a Fungal Nail Infection?
What is a Hammer Toe?
What is a Neuroma?
What is an Ingrown Toenail?
What is Arthritis?
What is Athlete's Foot?
What You Should Know About Your Podiatrist and the Podiatric Profession
Winter Sports and Your Feet
Working Together to Manage Diabetes*
Your Diabetes Management Team - English
Your Diabetes Management Team - Spanish
Your Diabetes Management Team Flyer

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